

Middlesex Road

Residential Service



Avocet Trust is a registered charity that provides lifetime support to vulnerable people to enable them to live fulfilled & valued lives through making personal choices

Service Description

Middlesex Road service is situated in the East of the city of Hull, integrated within a large communal area with access to all local amenities. We are approximately 3 miles from the city centre and a 5-minute walk from a regular bus route to the town centre. The service comprises 7 properties and has places to accommodate 15 adults, male or female, aged 18 years upwards.



We provide 24-hour care for adults with learning disabilities and behavioural needs. Although we do not provide nursing care in this service, we will access services on behalf of individuals, as and when required, to meet their changing needs.

Support

We provide care using a person-centred approach, and the staff teams focus on following O'Brien's Principles. This enables the service users to live fulfilling lives in a community based environment, and to make choices in their lives. Each service user has a structured activity plan. Social activities are planned on an individual basis, taking into account the service user's own needs, interests, likes and dislikes.



Some activities operate on a 1:1 basis, where others may take place with a friend or a group, depending on the individual's preferences. The staff teams focus on the service user's strengths and abilities and encourage them to maintain as much independence as possible. We maintain a partnership with outside agencies, to provide a full and professional care package to the service users.

We support service users to enable them to have an annual holiday if they wish to do so. They are encouraged to choose destinations themselves. These may be within the UK or abroad, depending on their wishes.

Avocet Trust provides a full training package to the staff teams to ensure that they are able to provide quality professional care to the service users. Staff are also offered service user specific training to ensure that they can continue to provide person-centred care to all individuals who use the service.

Activities

Some activities that our service users enjoy participating in include:

- Swimming & Hydrotherapy
- Cinema & Music
- Pool/snooker & ten-pin bowling
- Fishing, horse riding & cycling
- Arts & craft clubs
- Community centres & shopping
- Knitting and much more

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