

# Short stay & Respite care

Holderness Road



Avocet Trust is a registered charity that provides lifetime support to vulnerable people to enable them to live fulfilled & valued lives through making personal choices

## Short Stay and Respite Service

Avocet Trust recognises that respite is an essential service for those who have caring responsibilities for relatives and loved ones. Often, the ability to have a break can make all the difference to continuing to look after someone.



Those who are being supported can also derive real benefits from having a short break away from home too. At Avocet Trust, we have a range of specially designed, short stay services for people with a learning disability and care can be tailored to meet individual needs.

We have CQC registered properties at 1181 and 1183 Holderness Road, which specialise in providing respite care and short breaks. Both houses have wheelchair access and ground floor bedrooms are also available.

Our short stay facility at 1181 and 1183 Holderness Road are large properties with light, spacious rooms. Each bedroom is single occupancy,

one of which is on the ground floor and is ensuite. The ground floor has a purpose-built wet room with wheelchair access. There is also a conservatory and large secluded gardens to the rear of the property.

Carers may choose to have a one-off break, or alternatively, they may wish to plan a series of short breaks over a longer period. We will always try to be as flexible as we can.



The atmosphere at our short stay facilities is relaxed and hotel-like, however, we run a full programme of activities for people to participate in, based on their individual preferences. Clients who come to respite on a regular basis often make friends and socialise with other short-stay residents. People staying at Avocet respite services are encouraged to personalise their room for the duration of their stay.

Avocet places a great emphasis on providing high quality training and education for all its staff. All new staff attend a two-week induction programme covering all the essential skill set requirements for providing care to vulnerable adults and existing staff receive regular refresher training.

## Activities

Activities are an important way of maintaining independence and providing stimulation. Everyone who uses respite care at Avocet will be offered an activity programme, which is based on a person's individual needs and preferences.

## Further information

If you are a relative or a professional and you would like more information about this service or a tour of our facilities, please contact us. Our contact information is below.

[www.avocettrust.co.uk](http://www.avocettrust.co.uk)

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